



Sunflower **SEEDS**



**The monthly publication of
the Sunflower chapter of
American Mensa, Wichita, Kansas**

June 2015
Volume 42 No.6



Pig Out Saturday, June 6, 12:45 p. m. *Chiang Mai Thai Restaurant*, 3141 S Hillside St Wichita. See: <http://www.yelp.com/biz/chiang-mai-thai-restaurant-wichita?osq=Thai+Food> We liked it, so this is a quick encore.

Program Meeting Saturday, June 13, 2:00 p. m. downstairs at *Watermark Books*, 4701 E. Douglas Ave, at Oliver St.

The use of plants to promote physical health is widely accepted. A member of our group, Klaus Trenery will talk to us about another use of plants that is not as widely accepted. That is their use in altering consciousness, thus aiding psychotherapy, enriching spiritual awareness, and treating mental illness.

Food for Thought Saturday, June 20, 11:00 a.m. Downstairs at *Watermark Books*, 4701 E. Douglas Ave, at Oliver Street. Same location as our program meeting. Food available.

Banter and Books Saturday, June 27, 7:00 p.m. *Barnes and Noble* bookstore cafeteria, 1920 N. Rock, Wichita. All members and significant others are welcome.

May's Program Braden Brown gave us a special dose of insight into what color was all about. We all knew that color was interesting, but did we know that it was that fascinating? Hardly. Braden was very knowledgeable and a good speaker. His slides completed the show.

National Annual Mensa Gathering (party) Louisville, KY July 1-4



Drivable
distance.



Good
speakers



Socializing and free food
and drink.

There are always a few local members who attend the AG. You may be able to share a room or a ride. If you are interested in that, let the editor or Larry know.

BOARD MEETING

A board meeting was held after the Program Meeting on May 9, 2015.

Travis Neal resigned as treasurer, saying he was going to be transferred to Oklahoma. Diane Powell was elected as treasurer to take his place.

Diane resigned as ombudsman to take that job. Cole Carland was elected to replace Diane as Ombudsman.

Bill stated that he knew of a person in Texas that he would like to invite to be a speaker. He asked if the group would pay something toward his expenses. The board voted to authorize \$150.00 for his travel.

If you lined up all the economists in the world, and they held hands, and each stretched his arms, they still could not reach a conclusion.



**Hi
Guys**

**Greg Kontz
Vice Chair
Heartland Region 7**

I recently had a birthday that brought me to a point where I could (theoretically) retire. Kind of an epiphany. Makes you consider things you had not really given much thought. Being in your sixties has some upsides and downsides.



Typical upsides:

- You don't care about sitting at the lunch table with the 'cool' kids anymore.
- You're not looking for a date for the dance – you've had one for a long time, or it's just not a priority anymore.
- You've got a couple of bucks in a Mason jar under the porch, and your stuff is paid for. You know that, if you had to, you could survive without having to actually have a full time job. You don't think about money a lot.
- You realize who you are and, while you still hope to improve/evolve, you accept yourself (and others) as is.
- You're finding it easier to forgive others (and therefore - yourself).
- You know that you (and others) are not defined by the worst or best thing you (or they) have ever done.
- You accept your ignorance – and realize how massively ignorant you really are.
- You realize that you learn more by listening than you do by talking.
- You understand that you can't change people.
- While the world isn't perfect, there's a level of beauty and wonder to it that you're starting to see now.
- You're thankful for what you have – not angry for what you don't have. You realize how fortunate you are.
- You've accepted the inevitability of your death. You realize that it's both 'a big deal' and 'not a big deal' at the same time... As my dad said, its "Part of he program..."

Typical downsides:

- There's a warning light on pretty much all the time. If it's not your back, it's your hip, feet, arm, leg, etc., etc..
- Your bad habits (smoking, poor diet, lack of sleep, overeating, lack of exercise, etc.) are starting to bear fruit.
- It's too late to say "I love you" or "I'm sorry" to some people.
- I realize that experiences vary. Overall, I'd much rather be in my sixties than in my twenties. Those of you in your sixties (or so) probably understand that statement. Those of you in your twenties (or so) probably don't. That's OK.

Hope to see you in Louisville.

Later – Greg

- PS (repeat): August 7th – 9th is the RG in Mandan, North Dakota – presentations, tours, shared meals, socializing – hope to see you there. Wanna see where the government elite are going when the Zombie Apocalypse hits? That would be the underground shelter tour – been there – kinda interesting. Could come in handy someday. That's just one of the tours. Following is the link:
http://www.ndrg2015.org/?page_id=57

Two brothers were fighting over a toy.
“Jesus would let his brother have it first,” dad said.
“OK. You be Jesus,” said Ryan.



You can be a star if you can identify all of the words on the left below that contain the letters STAR. To the right is the definition of the word on its left.

Answers on p 7.

Created by Lucille Campbell.

- | | |
|----------------------|-------------------------|
| 1. STAR _ _ _ _ _ | 1. NAUTICAL TERM |
| 2. STAR _ _ _ _ _ | 2. STARE INTO SPACE |
| 3. STAR _ _ _ _ _ | 3. BIRD |
| 4. _ _ _ _ _ STAR | 4. EARLY DAY EVENT |
| 5. STAR _ _ _ _ _ | 5. INITIATOR |
| 6. _ _ _ _ _ STAR | 6. HOLLYWOOD ACTOR |
| 7. STAR _ _ _ _ _ | 7. ASTRONAUTS' HAVEN |
| 8. _ _ _ STAR | 8. GREAT ATHLETE |
| 9. _ _ _ _ STAR | 9. TEXAS (SLANG) |
| 10. _ _ _ _ _ | 10. NIGHTTIME SKY EVENT |
| 11. _ _ _ _ _ STAR | 11. COMIC STRIP HEROINE |
| 12. STAR _ _ _ _ _ | 12. SURPRISE |
| 13. STAR _ _ _ _ _ | 13. BEGINNING TO END |
| 14. STAR _ _ _ _ _ | 14. BEGINS RACE |
| 15. _ _ _ _ _ ' STAR | 15. POLICE EMBLEM |
| 16. STAR _ _ _ _ _ | 16. OCEAN ANIMAL |
| 17. STAR _ _ _ _ _ | 17. BLEAK |
| 18. STAR _ _ _ _ _ | 18. VERY HUNGRY |
| 19. STAR _ _ _ _ _ | 19. INFATUATED |
| 20. STAR _ _ _ _ _ | 20. BEGINS INDI RACE |
| 21. _ _ _ _ _ | |



Did a Mensan do this?



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ANSWERS, from p 6:

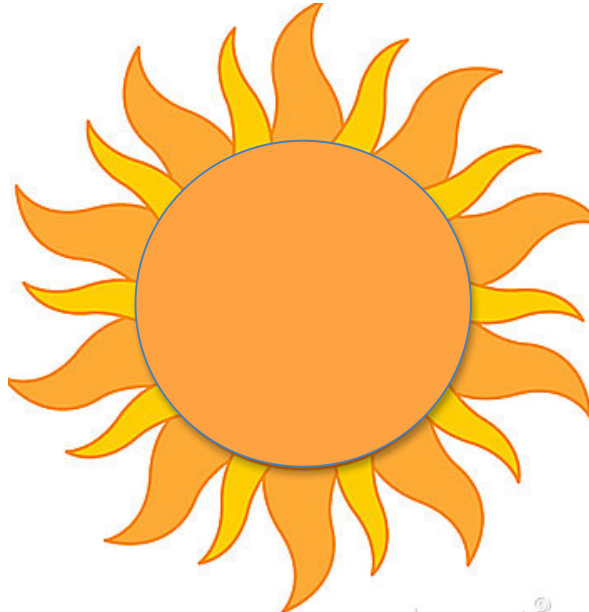
1. STARBOARD 2. STARGAZE 3. STARLING
4. MORNING STAR 5. STARTER 6. MOVIE STAR
7. STAR SHIP 8. ALL STAR 9. LONE STAR STATE
10. SHOOTING STAR 11. BRENDA STAR
12. STARTLE 13. START TO FINISH 14. STARTING GUN
15. LAWMAN'S STAR 16. STARFISH
17. STARK 18. STARVED 19. STARRY EYED
20. START YOUR ENGINES

We have enough youth. How a bout a fountain of smart?



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