

A decorative title graphic for 'Sunflower SEEDS'. The text 'Sunflower' is in a bold, black, sans-serif font, and 'SEEDS' is in a larger, bold, black, sans-serif font. The text is centered within a decorative border. The border consists of a yellow and black braided pattern, with yellow sunflowers at the corners and several sunflower seeds along the top and bottom edges.

Sunflower
SEEDS



**The monthly publication of
the Sunflower chapter of
American Mensa, Wichita, Kansas**

August 2016

Volume 43 No. 8



August Meetings

Pig Out Saturday, August 6, 12:45 p.m. *Chiang Mai Thai Restaurant*, 3141 S. Hillside St. (In a small mall on the west side, just north of 31st.) We have been here before. The last time may have been June 2015. We liked it very well. There is a liquor store next door. You can bring drinks in. Prices and variety are good. Menu at: <http://www.chiangmaithaiwichita.com/menu.aspx>

Program Meeting Saturday, August 13, 2:00p.m. downstairs, at *Watermark Books*, 4701 E. Douglas Ave, at Oliver St.

Shealah West, LSCSW, will give us some insight and facilitate discussion on the impact of prenatal drug and alcohol exposure on an unborn child. She will also discuss the strain it puts on caregivers, and providers who give support. Caregivers and the public are welcome.

Food for Thought Saturday, August 20, 11:00 a.m. Downstairs at *Watermark Books*, 4701 E. Douglas Ave, at Oliver Street. This is the same location as our program meeting. There is a cafeteria here, so food and drinks are available.

Banter and Books Saturday, August 27, 7:00 p.m. *Barnes and Noble* bookstore cafeteria, 1920 N. Rock, Wichita. Food and drink are available. Members and guests are welcome.

2016 AG REPORT



The hotel layout in San Diego was unusual. More than 20 separate buildings made up the 40-acre hotel complex.



The Hospitality Suite served free food 24 hours, and free beer and wine from 2 PM to 1 AM. There were plenty of people to talk to.

Five people from our group attended the Annual Gathering in San Diego this year. They were Bill and Margarita Barnett, Diane Powell, Larry Paarmann, and Gordon Bakken. About 2000 total attended.

Over 100 seminars were held. Diane's favorites were: "Can the Catholic Church save the Republic," and "Malignant Medical Mythologies." Others were: How to Write a Book, My Father Harpo Marx, and How to make your own Liqueurs.

Future locations will be (all on July 4th weekend):
2017 Hollywood FL, 2018 Indianapolis IN,
2019 Phoenix AZ, 2020 Kansas City, MO

Quiz

If you were to spell out numbers, how far would you have to go until you would find the letter 'A'?
Answer on page 7.

**Hi
Guys**

**Greg Kontz
Vice Chair
Heartland Region 7**

So – here’s what’s been happening:

The AG was held at San Diego from June 28th to July 3rd. Susan and I were there from Tuesday to Sunday – had a lot of fun. There were lots of tours, presentations, shared meals, great conversations (my personal favorite), and meetings. The weather was, of course, really nice. Meeting items:



- The Name and Logo Usage Review Committee statement regarding the use of Mensa display materials and expressions of opinion was passed.
- If Local Groups have concerns regarding insurance coverage for a Local Mensa event, they can contact the National Office – see if the national policy covers them.
- If conflicting Bylaws are ever passed (almost happened last year), the one with the most overall votes will take precedence.
- There is a new President for the Mensa Education & Research Foundation (MERF) – replacing Dave Remine. She’s a Region 7 member – Marie Mayer of Iowa. Congrats, Marie!
- Beth Anne Demeter of Denver was kind enough to accept the position of Region 7 Assistant RVC – thanks, Beth!
- We have a new National Ombudsman – replacing Dave Cahn - Garrison “Bud” Klueck, from San Diego.
- Denver Mensa got testing coordinator of the year award.

Continued on page 5

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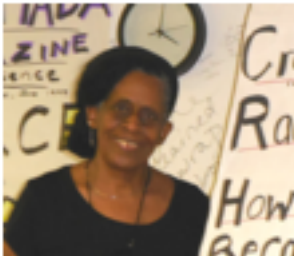
- Most groups in region 7 got a jewel award for their level of group activity, (Ruby – Sapphire – Emerald = descending order) including an Emerald for the Sunflower group. To see more about the rewards – go to **RECOGNIZE > GROUP AWARDS (or NATIONAL AWARDS)**.



- 07/811 “Highbrows” took 11th in Culture Quest, 07/800 Bill of Right Answers took Top TNG.
- For more info – go to the website and go to **READ > BOARD MEETING REPORTS**. You’ll be able to see all motions, reports, etc. You can even access a recording if you wish.
- Will Wheaton gave the Banquet speech – one of the best I ever listened to. A copy is on the website.

Later, Greg Kontz

grik@fisherind.com



July program Meeting

Dr. Lisa Chiteji gave us some unusual views on race. She pointed out that there is more DNA difference between people considered to be of the same race, than there is between people of different races. This is causing some anthropologists to question if race is even a useful concept to help define humans. The issue stirred some very animated discussion.

MENSA TRAINING WISDOM

I don't mean to brag but... I finished my 14-day diet in 3 hours and 20 minutes.

I went for a run but came back after two minutes because I forgot something. I forgot that I could only run for two minutes.

If walking were good for your health, the postman would live forever.

A rabbit runs, and hops, and lives about 15 years. A tortoise does mostly nothing, yet lives for 150 years.

My goal for 2016 was to lose just 10 pounds. Only 15 to go.

A recent study has found that women who carry a little extra weight live longer than men who mention it.

The answer may not be at the bottom of a box of chocolates, but you should at least look.

I try to avoid things that make me fat, like scales, mirrors and photographs.

I may wake up early and go running. I also may win the lottery. The odds are about the same.

There may be no excuse for laziness, but I'm still looking.

If I had a dollar for every girl that thought I was too fat, by now, they would think I looked pretty good.





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SUNFLOWER MENSA FINANCIAL REPORT



Diane Powell, Treasurer

April 2016 to June 2016

Balance April 1, 2016	\$4,011.70
SEEDS printing	- \$ 39.40
SEEDS postage	- \$ 93.95
Proctoring expense	- \$ 25.95
Speakers	\$ 0.00
National Funding	+ \$ 314.10
Balance June 30, 2016	\$4,166.50

Quiz:
 From
 page 3.
 Answer:
 One
 thousand



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