

Sunflower **SEEDS**



The monthly publication of
the Sunflower chapter of
American Mensa, Wichita, Kansas

January 2016

Volume 43 No.1

MEETINGS

2016 JANUARY 2016

Pig Out Saturday, January 2, 12:45 p.m. Sweet Basil
2424 N. Woodlawn #111. There is a \$9.99 buffet, but
also other menu items, including alcohol. The menu is at:
<http://www.sweetbasilwichita.com/>.

Program Meeting Saturday, January 9, 2:00p.m.
downstairs at Watermark Books,
4701 E. Douglas Ave, at Oliver St.

Bill Barnett of Kansas Sunflower Mensa will give a book review of "Disarming the Narcissist" by social worker, Wendy Behary. This is a book on dealing with difficult people, people we meet everywhere. Magical thinking, wizards, flying monkeys and dealing with difficult people will be on the menu. January is bring a friend month.

Food for Thought Saturday, January 16, 11:00 a.m.
Downstairs at Watermark Books,
4701 E. Douglas Ave, at Oliver Street.

This is a social get together to just talk...on any subject. Food and drink are available. Significant others and friends are welcome.

Banter and Books Saturday, January 23, 7:00 p.m.
Barnes and Noble bookstore
cafeteria, 1920 N. Rock, Wichita.

Like Food for Thought, this is a Let's Get Together and Share Insights group. Food can be purchased.

Fifth Saturday Saturday, January 30, 12:45 p.m.
Wichita Art Museum Café, in Sim
Park, a little north of Seneca and Central.

The food is good. At about 2:30 we will tour the museum. It is free on Saturdays, and there are always new exhibits. Several, including "Art and Everyday Life" are there now.



Christmas party

From left: Lucille Campbell, Bill Barnett, Margarita Barnett, Diane Powell, Stuart Boehmer, unknown, James Zonker

HAPPY BIRTHDAY

The people below have a birthday in January or February. Congratulations to all of you.

JANUARY

Ronnie Engle	10
Chris Nelson	13
Stephen Kerwick	14
Ronald Peden	15
Daniel Gollub	22
Larry Zollars	30

FEBRUARY

Geoffrey Todd	2
Larry Paarmann	3
Blake Escritt	5
Linda Shriver	12
Thomas Chase	13

**Hi
Guys**

**Greg Kontz
Vice Chair
Heartland Region 7**

Still doctoring a lot lately. Haven't had the spinal surgery yet – should happen 12/29. I've been at home, in a neck brace, being very careful, for 6 weeks now – got another week to go.



I've got my work computer set up and I've been fortunate to have tremendous support from work, family, and friends. Even with that support, though, I've been pretty much 'bouncing off the walls'.

Really looking forward to getting past the surgery and starting on the road back. Also looking forward to just 'getting back into things' – sitting at home like this has been a singular experience – one I hope to never repeat. I can't imagine what it's like for those who have to go through this kind of thing alone.

RVC items:

- The discussion over the banner used in a parade last summer is still ongoing. A Name and Logo ad hoc committee has been set up – as I mentioned before, this one will take a while.
- I was unable to attend the December 5th meeting – should be able to make the March one.
- A new Mensa test is going through the approval process - should be available for 2016 Test Day.
- You can start registering for the AG in San Diego 2016.
- Be happy for whatcha got –

Later – Greg Kontz, grjk@fisherind.com, 701-290-0743



SUNFLOWER MENSA FINANCIAL REPORT

Diane Powell, Treasurer

October 2015 to December 2015

Balance October 1, 2015	\$ 4,061.91
SEEDS printing	- \$ 38.40
SEEDS postage	- \$ 94.08
Program speakers	- \$ 80.00
Projector	- \$ 32.25
Self inking stamp	- \$ 21.50
Christmas Party	- \$201.00
National Funding	+ <u>\$ 312.00</u>
Balance December 31, 2015	\$ 3906.68

Quiz

Joe had a New Years Eve party. He invited himself, a great-grandmother and her great-grandchild, two grandchildren with their grandmothers, one son and his parent, and two daughters with a parent of each.

What is the minimum number he could have invited?

Answer on page 6





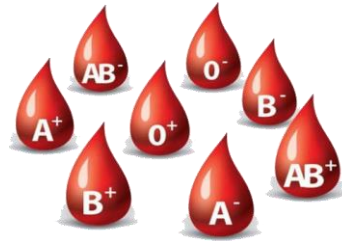
I wish there was a way to donate fat like you can donate blood.

JANUARY IS NATIONAL BLOOD DONER MONTH

Eight blood types, identified by whether they have ingredients A, B or RH, have been identified since 1901. O means the blood does not have ingredient A or B. Minus (-) means it does not have RH.

Receiving blood with an ingredient that you normally don't have can be fatal.

Getting blood that is missing an ingredient is OK. Thus anyone can take type O -.



Blood types are inherited. Most common is O+ at 38%, followed by A+ at 34%. Next comes B+ at 9%, O- at 7%, and A- at 6%. AB+ is at 3%, B- at 2% and AB- least common at 1%.

I signed up for an exercise class and was told to wear loose fitting clothing. If I HAD any loose fitting clothing, I wouldn't need this class!

Quiz Answer:

Four: himself, his mother, grandmother and great-grandmother.



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**NEW YEAR'S WISDOM
PAIN MAKES YOU STRONGER. TEARS
MAKE YOU BRAVER. A BROKEN
HEART MAKES YOU WISER. BUT
ALCOHOL MAKES ALL THESE
PROBLEMS SEEM TOO TRIVIAL TO**



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