

Kansas Sunflower Mensa Seeds

March - April 2024
Volume 52, Issue 3



Blue Moon Gathering
Larkspur Cafe
904 E Douglas Ave, Wichita, KS
316 262 5275

March 30, 2024, 12:30 pm

June 29, 2024, 12:30 pm

August 31, 2024, 12:30 pm

November 30, 2024, 12:30 pm

Group Gathering
Barnes and Noble Cafe

March 23, 2024, 7:00 pm

April 27, 2024, 7:00 pm

May 25, 2024, 7:00 pm

June 22, 2024, 7:00 pm

July 27, 2024, 7:00 pm

August 24, 2024, 7:00 pm

September 28, 2024, 7:00 pm

October 26, 2024, 7:00 pm

November 23, 2024, 7:00 pm

December 28, 2024, 7:00 pm

Field Trips

March 16, 2024, 1:30 pm
Sedgwick County Zoo

April 20, 2024, 1:30 pm
Bartlett Arboretum

May 18, 2024, 1:30 pm
Botanica

June 15, 2024, 1:30 pm
Picnic at El Dorado Lake

July 20, 2024, 1:30 pm
Old Cowtown

August 17, 2024, 1:30 pm
Mid-America All-Indian Center

September 21, 2024, 1:30 pm
Tanganyika Wildlife Park

October 19, 2024, 1:30 pm
Applejack Pumpkin Patch

November 16, 2024, 1:30 pm
Bill Cather's Place on the Arkansas

December 21, 2024, 6:30 pm
Winfield Christmas LightsFuture Field Trips

Meet and Greet

March 2, 2024, 12:30 pm
Café Maurice
9747 E 21st St N

April 6, 2024, 12:30 pm
Le Monde Cafe & Deli
602 N West St, Wichita, KS

May 4, 2024, 12:30 pm
N & J Cafe
5600 E Lincoln St, Wichita, KS

June 1, 2024, 12:30 pm
The Belmont
3555 E Douglas Ave, Wichita, KS

July 6, 2024, 12:30 pm
Vora Restaurant European
3252 E Douglas Ave, Wichita, KS

August 3, 2024, 12:30 pm
Il Vicino Wood Oven Pizza
4817 E Douglas Ave, Wichita, KS

September 7, 2024, 12:30 pm
Livingston's Diner
9747 E 21st St N, Ste 149, Wichita, KS

October 5, 2024, 12:30 pm
On The Border Mexican Grill
9747 E 21st St N, Ste 149, Wichita, KS

November 2, 2024, 12:30 pm
Sappore Japanese Sushi Restaurant
8065 E Peachtree Ln, Wichita, KS

December 7, 2024, 12:30 pm
Christmas Party
Bill's House
1915 N Country Walk Lane
Mulvane, Kansas

Program Meetings
Fairmount Coffee House
3815 E 17th St N, Wichita, KS

March 9, 2024, 2:00pm
Peter Rolloff

April 13, 2024, 2:00pm
Randy Hamilton
Numbers

May 11, 2024, 2:00pm
Gracie Ulrich
Metal Bowls, Crystal Bowls, and Sound
Meditation

June 8, 2024, 2:00pm
Bill Barnett
Fairy Tales and Creativity

July 13, 2024, 2:00pm
Ted Saranchuk
Water

August 10, 2024, 2:00pm
Bill Barnett
Crystals

September 14, 2024, 2:00pm
TBD

October 12, 2024, 2:00pm
TBD

November 8, 2024, 2:00pm
TBD

December 14, 2024, 2:00pm
TBD

The Rooster

by Gracie Ulrich

Chanticleer
The royal rooster
Plumage proud and elegant.

Sunrise.
He flies from the chicken house
In a flurry of flapping feathers.

The ladies scurry out into the glorious day.
Chanticleer dips one wing, dragging the ground with it
And follows the ladies,
Seductively hopping on one leg
Looking at the girls with lust in his heart.

He pins a tiny female feathered raptor to the ground.
He is finished in 30 seconds.
The hen fluffs herself
And goes to look for worms,
Unconcerned by the handling she has just experienced.
She is barely ruffled at all.

Chanticleer finds a tidbit to offer,
From his love-struck chicken heart.
He crows loudly, calling all the ladies.
It is his job to protect and provide
For all in his personal harem.

At night, all go back to the hen house,
Avoiding predators
And freezing weather.
Each finds a preferred perch.

It all begins again in the morning,
A relaxed and happy free-range life
Paying for their care
in fertile eggs.



Little Free Libraries

by Bill Barnett

Our Mission & Vision

Little Free Library is a nonprofit organization based in St. Paul, Minnesota. Our mission is to be a catalyst for building community, inspiring readers, and expanding book access for all through a global network of volunteer-led Little Free Library book-exchange boxes.

Our vision is a Little Free Library in every community and a book for every reader. We believe all people are empowered when the opportunity to discover a personally relevant book to read is not limited by time, space, or privilege.

Providing 24/7 book access.

Little Free Library book-sharing boxes are open seven days a week, 24 hours a day and are freely accessible to all, removing barriers to book access. (taken from their website)

If you are interested in helping or having a Little Free Library in front of your house contact Bill Barnett.



Greetings, fellow MENSANS!

We're sorry that this issue is tardy. Our beloved and cherished editor, Klaus Trenary, has been unwell, and unable to get the Sunflower Seeds out in a timely manner. We thank him for his amazing contribution, and now need to seek another editor.

It is possible that someone in western Kansas might enjoy taking on this role. The formatting of the Sunflower Seeds would not necessarily need to be as Klaus was doing it. The main thing is to be sure that people throughout Sunflower Mensa receive regular communication in a timely manner, and that upcoming events are clearly presented, so that all can attend whatever is happening, whenever they wish.

If you happen to feel the pull to take on the role of editor, please do not delay, but follow that urge promptly, before you ponder too long, or change your mind. It is a truly crucial role. Mensa does not function without dedicated volunteers. Everything at local levels is done by the goodwill of members.

Please phone or text Bill Barnett (316-214-3330), and he will arrange to get you set up so that you have some content and the crucially important dates and times to publish ahead of time. If you want to do only the formatting, and send the finished newsletter to someone else to print and mail, that would be fine. I really think the entire role is too much for just one person, so a collaborative effort would be a superior choice, in my humble opinion.

You would have considerable editorial leeway, and would use good judgment concerning what to publish or to not publish of the items you might receive. You could write some of your own content. People would send you submissions for inclusion, including some photos and other artwork. You could choose the cover design. You would have people such as myself and Bill to support you and to discuss concerns and/ or questions.

Please do consider this role; it is rewarding and perhaps the most crucially important job of all.

Warmest regards,
Gracie Ulrich
Publications Chair